

	Leadership and Management Development	Managing and Improving Performance	Resilience Training and Development	Career Progression and Development
Help! I've Inherited Staff (new supervisors)				
Step Up to Leadership (middle managers)				
Building Team Resilience				
Resilient Leaders				
Positive Psychology at Work				
Managing & Improving Individual Performance				
Managing & Improving Team Performance				
Challenging Performance Conversations				
Genuine conversations – peer to peer feedback				
The Coach Approach to Developing Staff				
Aligning and Embedding Organisational Values				
Leadership Team Culture (using <i>The Leadership Circle™</i> Profile)				
Harnessing Strengths in Self and Others				
Harnessing Team Strengths				
Team Planning				
Team Dynamics - Understanding and Working with staff differences (Using <i>Harrison</i> profiling)				
Team Behaviour Charters				
Take Charge of Your Career				
Resilience at Work (all staff)				
Job Applications				
Interview Skills				
Transition to Retirement				
Workplace Mental Health / Psychological Safety				
Conversations for Life (Connecting with everyday people facing personal crisis)				
Strengthened for Life (crisis suicide intervention)				